

Mon-Fri (Dinner)

Sat (Breakfast)

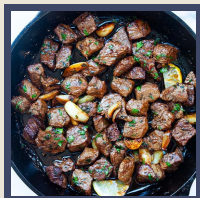
Sun (Dessert)

WITH LINKS TO RECIPES FROM THE BEST FOOD BLOGGER'S!

FOODIEZOOLEE'S MONTHLY MEAL PLAN

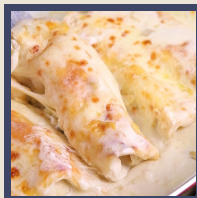
WEEK 1

MON



GARLIC BUTTER STEAK BITES

TUE



White Chicken Enchiladas

WED



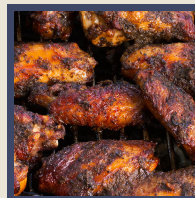
INSTANT POT CHICKEN ALFREDO PASTA

THU



Easy Beef Bowls

FRI



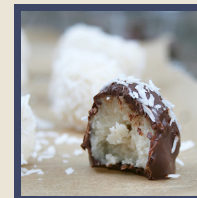
JAMAICAN JERK CHICKEN WINGS

SAT



HEALTHY BREAKFAST QUESADILLA RECIPE

SUN

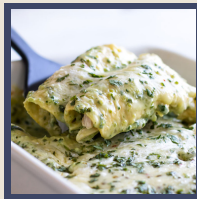


No Bake Coconut Snowballs

WEEK 2



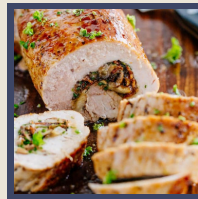
Jambalaya



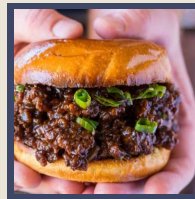
CREAMY POBLANO CHICKEN ENCHILADAS



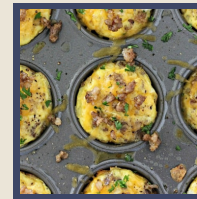
Chicken Gyro



Stuffed Pork Tenderloin



Korean Beef Sloppy Joes

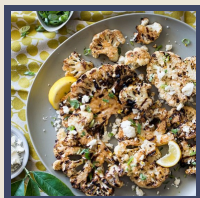


MINI EGG MUFFINS WITH SAUSAGE AND CHEDDAR

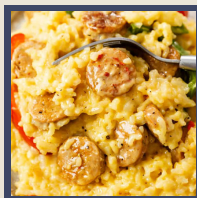


Banana Cake

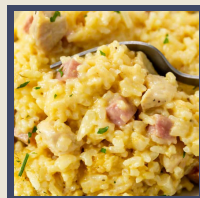
WEEK 3



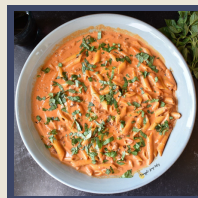
GRILLED CAULIFLOWER STEAKS



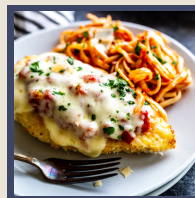
Sausage and Rice



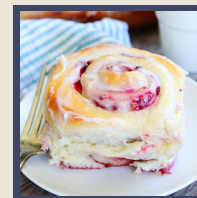
Chicken Cordon Bleu Casserole



VODKA PASTA



OVEN BAKED CHICKEN PARMESAN



Raspberry Sweet Rolls



S'Mores Brownies

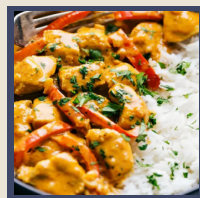
WEEK 4



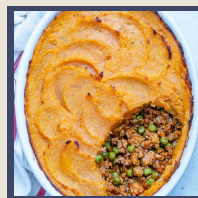
Low Carb Keto Cauliflower Mac and Cheese



Magic Chili Cheese Dog Boats



COCONUT CURRY CHICKEN



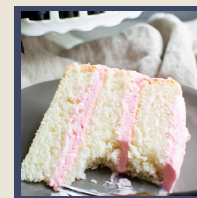
HEALTHY SWEET POTATO SHEPHERD'S PIE



BROCCOLI CHICKEN CASSEROLE



Vegan Blueberry Scones



White Almond Cake

If you are interested in having your recipe featured on this monthly meal plan, visit [here](#) for more information. You may also email Zully@foodiezoolee.com