

WITH LINKS TO RECIPES
FROM THE BEST FOOD
BLOGGER'S!

FOODIEZOOLEE'S MONTHLY MEAL PLAN

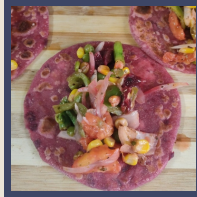
WEEK 1

MON



[Easy Baked Stuffed Peppers](#)

TUE



[VEG BEETROOT TACOS](#)

WED



[Easy French Onion Soup for Two](#)

THU



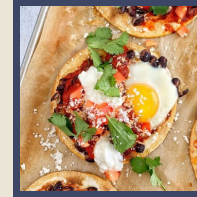
[Creamy Tomato Dal](#)

FRI



[Honey Orange Shrimp w/Stir Fry Vegetables](#)

SAT



[Sheet Pan Huevos Rancheros](#)

SUN

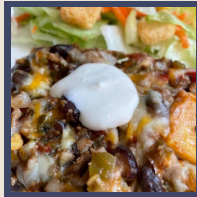


[Homemade Ice Cream Cones](#)

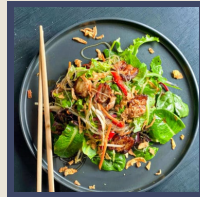
WEEK 2



[Honey Cayenne Chicken](#)



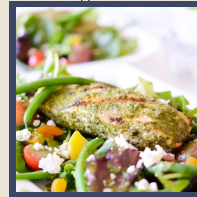
[Turkey Taco Casserole](#)



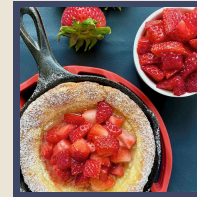
[Asian Pork Salad using Air Fryer](#)



[Easy Slow Cooker Creamy Chicken and Pasta Soup](#)



[Grilled Salmon Salad with Basil Vinaigrette](#)



[The Best Strawberry Kropsua For Two](#)



[Peanut Butter Cookies](#)

WEEK 3



[BBQ Ribs](#)



[Japanese Steakhouse Noodle Stir Fry](#)



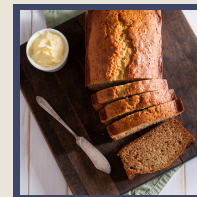
[How To Make Stuffed Bell Peppers](#)



[Tuscan Chicken Orzo](#)



[Cauliflower Crab Cakes](#)

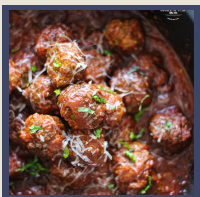


[Healthier Banana Bread](#)

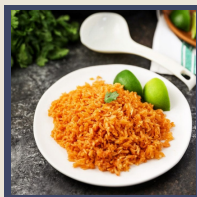


[Starfruit filled Brown-Sugar Shortbread Cookies](#)

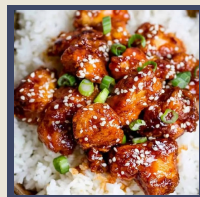
WEEK 4



[Slow Cooker Italian Meatballs](#)



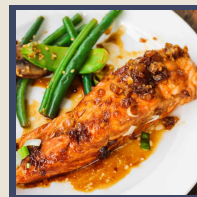
[Instant Pot Mexican Rice](#)



[Crispy Sesame Chicken](#)



[Creamy Beef and Shells](#)



[GRILLED SALMON WITH TERIYAKI SAUCE](#)



[Power Protein Yogurt](#)



[The BEST Rum Cake](#)

If you are interested in having your recipe featured on this monthly meal plan, visit [here](#) for more information. You may also email Zully@foodiezoolee.com